

Ul-Ji

Ul-Ji is named after general Ul-Ji Moon Dok who successfully defended Korea against Tang's invasion force of nearly 1M soldiers led by Yang Je in 612 AD. Ul-Ji used hit and run guerilla tactics and was able to decimate a large percentage of Yang Je's soldiers. The diagram for this pattern is the author's surname and there are 42 steps to remember his age when he designed it. (42 Steps in pattern)

Start: Narani Junbi Sogi w/Arms Crossed on Chest.

1. GS Sang Yop Joomuk Soopyong Taerigi (WS Twin Side Fist Horizontal Strike)
2. GS Kyocha Joomuk Noollyo Makgi (WS X-Fist Pressing Block)
3. (GS) Kyocha Sonkal Chookyo Makgi (WS X-Knifehand Rising Block)
4. (GS) Sonkal Nopunde Anuro Taerigi (WS knifehand high section inward strike)
5. AS Sondung bakuro taerigi (SS Backhand outward strike)
6. Bandal Chagi (Crescent Kick)
7. AS Ap palkup Taerigi (SS Front Elbow Strike)
8. (AS) Dwi Palkup Taerigi (SS Back Elbow Strike)
9. (AS) Dung Joomuk Dwi Taerigi, Najunde Makgi (SS backfist backward strike, Low Section Block)
10. Moa Sogi (Closed Stance)
11. Kyocha Sogi (X-Stance)
12. Kaunde Yop Chagi (Middle Section Side Kick)
13. KS Jau Palkup Taerigi (XS Double Elbow Strike)
14. AS Soopyong Jurigi (SS Horizontal Punch)
15. GS Sonkal Nopunde Anuro Taerigi, Sonkal Chookyo Makgi (WS Knifehand HS Inward Strike, Knifehand Rising Blk)
16. NS Sang Sonkal Makgi (LS Twin Knifehand Block)
17. Twimyo Yop Chagi (Flying Side Kick)
18. GS Doo Palmok Makgi (WS Double forearm Block)
19. Moa Sogi Position B (Closed Stance Position B)
20. Twimyo KS Dung Joomuk Nopunde Yop Taerigi (Flying XS back fist High Section side strike)
21. GS Palmok Bandae Chookyo Makgi (WS Forearm Reverse Rising Block)
22. Ap Cha Busigi (Front Snap Kick)
23. GS Nopunde Bandae Jurigi (WS High Section Reverse Punch)
24. GS San Sonkut Tulgi (WS Straight Fingertip Thrust)
25. AS Dung Joomuk Nopunde Yop Taerigi (SS Back Fist High Section Side Strike)
26. Gunnun Jumbi Sogi (Walking Ready Stance)
27. Twigi Nopunde Ap Cha Busigi (Jumping High Section Front Snap Kick)
28. Gojung Sogi Kyocha Sonkal Momchau Makgi (Fixed Stance X-Knifehand Checking Block)
29. NS Kyocha Joomuk Noollyo Makgi (LS X-Fist Pressing Block)
30. An Palmok Hechyo Makgi, Ap Cha Busigi (Inner Forearm Wedging Block, Front Snap Kick)
31. GS Sang Joomuk Sewo Jurigi (WS Twin Fist Vertical Punch)
32. Gojung Sogi bukuro sonkal makgi, sombadak miro makgi (Fixed Stance Outward knifehand block, palm pushing block)
33. NS Kaunde Jurigi (LS Middle Section Punch)
34. Twimyo NS Palmok Daebi Makgi (Flying LS Forearm Guarding Block)
35. Nopunde Dollyo Chagi (High Section Round Kick)
36. Kaunde Dwi Chagi (Middle Section Back Kick)
37. NS Bakkat Palmok Daebi Makgi (LS Outer Forearm Guarding Block)
38. NS Sombadak Ollyo Makgi (LS Palm Upward Block)
39. Gunnan Sogi Dollimyo Makgi (WS Circular Block)
40. Gunnan Sogi Dollimyo Makgi (WS Circular Block)
41. AS Kaunde Jurigi (SS Middle Section Punch)
42. AS Kaunde Jurigi (SS Middle Section Punch)

End: Return left foot to the Junbi position.

XS=X-stance, KS=Kyocha Sogi, LS=L-Stance, NS=Niun Sogi, SS=sitting stance, AS=Annun Sogi, GS=Gunnan Sogi, WS=walking Stance; DS=Dwitbal Sogi; RFS=Rear Foot Stance; KS=Kyocha Sogi; XS=X-Stance